



Newsletter January 2026

CHARIS Nordic (CNSC for Denmark, Finland, Iceland, Norway, Sweden)

[this letter in Swedish]

In this letter: This happened in 2025, Contacts with Europe and internationally, People in the CHARIS Nordic team, Financial report 2025, That's enough! – National rally against gun violence in Sweden 31 Jan, Sebastian Stakset receives Catholic medal, Neal Lozano's famous book UNBOUND now in Swedish

CHARIS Nordic, this happened in 2025:

Let's look back on an eventful year, here are some highlights:

January:

Healing and deliverance services with P Dominic Valanmanal in Södertälje and Stockholm Cathedral 27-28 Jan. P Dominic regularly visits parishes in Sweden. His retreats gather large crowds of people and are prepared by a team of volunteers in Sweden, including Ludwig Gelot, member of the CHARIS Nordic team.

February:

About a hundred people came to worship and intercession service on February 22 in the Catholic Cathedral in Stockholm, which was jointly organized by charismatic groups and communities in the Stockholm region. Deacon Pancho Chin A Loi held an appeal about opening our hearts to a new fire of the Spirit that empowers us to participate in the new evangelization. Sacramental worship was included. Practically everyone arrived at the altar round and were served with intercession by deacon Pancho and intercession teams. It all ended with a mass in English with F Maximus, chaplain of the Catholic Cathedral. Afterwards, everyone was invited to the Cathedral Hall for social gatherings and coffee prepared by the charismatic community The Risen Christ GALILEA (Catholics from the Ukrainian Greek Catholic Church).





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March:

CHARIS Nordic's service of communion met in Järfälla near Stockholm. The Nordic NSC team was constituted in the autumn of 2024, and after having had several meetings digitally, they now met physically for a retreat weekend on March 7-9 in Holy Trinity Parish. On Saturday evening there was a public worship and prayer service with sacramental devotional where all members of the theme received personal prayer.



April-May:

Life in the Spirit seminars in Stockholm. About 40 people were registered for this year's seminars, a collaborative project between St. Clara (Swedish Lutheran) and the Intercession Group in the Catholic Cathedral.



June:

Pentecost of the Movements in the Catholic Cathedral Stockholm with Cardinal Anders Arborelius. The Cardinal celebrated Pentecost vigil in the Catholic Cathedral on June 7 with the Spiritual movements. Under the heading "Church in motion", there are 19 different spiritual movements and secular institutes listed on the Catholic Church's website. In his homily, the bishop emphasized that the church is dependent on the Holy Spirit and the contribution of the movements to the life of the church with their diversity of graces.

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July:

Lillemor Hallin 1934 - 2025.



Lillemor Hallin fell asleep peacefully on the night of July 31 at the Birgitta sisters guesthome in Djursholm. Her life has been characterized by tirelessly encouraging people to receive the gifts of the Spirit and making the church a more vibrant and healing community. She was chair of AKKS, the NSC for Catholic Charismatic Renewal in Sweden from 1987 to 2007. Many people have been healed through her intercession, and she was involved in the ecumenical pastoral organization Wholeness through Christ. The funeral took place in Our Lady's Church in Täby on August 20. She was the author of many books on charismatic renewal and prayer for healing. Just before she went home to the Lord, she had time to complete the project with a new edition of her books:



[The books can be ordered from CHARIS-Nordic's web-shop]

August:

2 Aug: Ecumenical worship in Kungsträdgården, Stockholm. More than ten thousand gathered in Kungsträdgården for 9 hours of ecumenical prayer and praise. The invitation was made by a large network of churches and organizations, including CHARIS Nordic. After the Jesus Manifestation, the annual all-Christian event in Kungsträdgården that ended 11 years ago, there has been a vacuum where Christians have not taken their place in the public space, Patrik Sandberg, one of the responsible leaders said to the newspaper Dagen. Many spoke of a strong and indescribable presence of God. "When the day was over, many people still stayed. [[Sweden worships Jesus](#)]

Ekumenisk vecka i Stockholm 18–24 augusti, arrangerad av Sveriges Kristna Råd. En hel vecka med seminarier, gudstjänster, folkfest i Kungsträdgården m.m. Bl.a: hölls en lovsångsgudstjänst i Storkyrkan 20 aug kl 18.00 med karismatisk lovsång som alla samfund med stor glädje deltog i. Kardinal Anders Arborelius predikade tillsammans med flera.

September:

P Dominic Valanmanal back in Sweden. Two retreats, deliverance and healing in Oskarström on 19 Sept and in Järfälla on 23 Sept.



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Oktober:



3-5 Oct: The time has come; the kingdom of God is near" - retreat in Järfälla with deacon Larry Oney with wife Andi and evangelist Terry Quinn from Ireland. The kingdom of God, the fire of the Holy Spirit and evangelization were in focus. The presence of Christians on earth represents the Kingdom of God. God wants us to expand the kingdom increasingly. For that, we need the power of the Holy Spirit. Terry emphasized that the Mass is not the goal of our faith but the sum of our faith, the culmination, the peak of the mountain where we refuel, and draw strength to live our faith. It is necessary that we go down from the mountain, that is where evangelization will take place and the kingdom of God will spread. On Saturday evening, a service was held where the spiritual gifts were demonstrated: praise, prayer for healing and several testimonies from people who were healed from various ailments, prophetic words, prayer for the outpouring of the Holy Spirit on all those gathered. A mission to go out into the world and pass on what we have received. An important theme was to break shackles as a prophetic sign. Symbolically, we had to cut off the chains that hold us spiritually captive (breaking the chains).



November:

On 29 Nov, an afternoon was arranged in St. Mary's parish, Helsinki with the theme Back to Pentecost. The program included worship, inspired teaching, and prayer for the outpouring of the Spirit. The speaker was Fr. Martti Savijoki SCJ from St. Mary's Parish's prayer group *Hearts on Fire*. A Malaysian prayer group, *Anointed Fire Catholic Ministries*, and the Filipino group *Missionary Families of Christ* also participated. About 80 people came, most of them Catholics. A website for charismatic renewal in Finnish has been established: Armon Virta.



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Stavanger: New Life – weekend course was arranged by the community The Risen Christ GALILEA with about 30 participants from the Ukrainian community in Norway and Sweden. The spiritual leader was Mykola Lipitak CR from Lviv. New Life is a course created by St. Andrew's *Evangelization School* in Poland with the same content as the Life in the Spirit seminars in the newly developed form that is [presented on CHARIS international homepage](#).



December:

1-3 Dec: Advent retreat in Järfälla with the participation of P Mihovil Filipovic, Monfortian Order, member of the CHARIS national team for Croatia.

7 Dec: Back to Pentecost, meeting in Tampere. The investment in the meetings in Helsinki and Tampere as well as the Life in the Spirit seminars means that the focus is now on starting another prayer group in the other Catholic parish in Helsinki, St. Henrik, and a prayer group in Tampere.

Contract signed with Neal Lozano for the publication of his book UNBOUND in Swedish. Translator Ulrika Classon, publisher Bengt Malmgren. Swedish title BEFRIAD, the book will be published in January 2026.

Contacts with Europe and internationally in 2025

F Martti and Nora Palacios attended the CHARIS Europe meeting in Kraków, Sept 26-28, 2025.

Nora Palacios participated, at the invitation of the Danish Pastoral Committee, in the anniversary of synodal teams in Rome from October 24 to 26.

Bengt Malmgren participated in a digital meeting with the European Network of Charismatic Prayer Groups on 11 Dec.



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CHARIS Nordic NSC team, persons

The team currently consists of the following leaders of prayer groups, representatives of communities and contact persons in congregations:

Bengt Malmgren (coordinator), Prayergroup, Catholic Cathedral Stockholm (S)
 Bozena Ziep, Prayer group Siloe, Maria in Rosengård Malmö (S)
 David Lukeka, Prayer group, Our Lady of the Rosary, Karlstad (S)
 Ines Gynette Buzirukanyo, Contact person St. Lars, Uppsala (S)
 Inger Moinichen, Prayer group Lumen, St. Olav, Oslo (N)
 Ivan Vysochanskyi, Community The Risen Christ GALILEA, Uppsala (S)
 Justyna Kadziewicz, Community of Konoinia John the Baptist, Täby (S)
 Lina Joannou-Jyränki, Contactperson, Kotka (SF)
 Maria Fischer, Contactperson, Holy Family Parish, Haninge (S)
 F Martti Savijoki SCJ, Prayer Group Hearts on Fire, St. Mary Helsinki (SF)
 Ludwig Gelot, Support Group f Dominic Valanmanal (S)
 Nora Palacios, Contactperson, Copenhagen (DK)
 Pancho Chin A Loi, Deacon, Holy Trinity Prayer Group, Järfälla (S)
 Ulrika Classon, Prayer Group (Internet), Visby (S)

The goal of CHARIS Nordic is to support and strengthen the entire diversity of the Catholic Charismatic family in the Nordic countries by seeking to reach out to all groups and build community. All groups in the Nordic Region that describe themselves as charismatic are welcome to sign up. [More on the homepage](#).

Financial report CHARIS Nordic

CHARIS Nordic is a network without a fixed organization. We do not have an association structure that can have a bank account, employ people or order goods and services. All work is done on a voluntary basis and is unpaid. We depend on people and organisations that support our work. Banking and IT services are provided by Bengt Malmgren's private business *Isidor Nätverk och Data*. Here is a report of income and expenses for 2025:

Expenses:

Data services:

Crossnet business premium	4041
Webhotel Wix	4129
Domain charisnordic.org	<u>331</u>
SUMMA	8501

Income:

Gifts received	4140
From the Catholic Diocese of Stockholm	<u>331</u>
SUMMA	4471



Thank you to everyone who contributed. We are grateful for continued contributions. Both CHARIS International and CHARIS Nordic are dependent on voluntary donations. Give a gift via the QR code above or [[link here](#)].



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That's enough! Come to the national gathering against gun violence and exploitation of children 31 Jan 2026 in Stockholm, 3Arena.

Sweden is in a national crisis. Children are murdered and murder. Gun violence has made its way into our schools, in our residential areas and leisure environments. THAT'S ENOUGH! is a national rally against violence. The initiator Sebastian Stakset writes:

"This arena investment is being made because we have had enough. I have seen far too many parents bury their children. Politicians cannot solve this alone. Sweden is unique in the statistics and Stockholm is described as the Murder Capital of Europe. On the contrary, we believe in the power of a united people. This is a battle for our children's future. And Sweden's future. We must realize that the age of selfishness and individualism has taken its toll. Either we turn the tide together. Action. Or our children will have to continue to pay the price for our inaction. This is a fight for love, hope and the future!"

[Support the event financially, buy a ticket, spread the information.](#) It ends with an [ecumenical service in the evening](#) that Sebastian's organization [Heart of Evangelism](#) coordinates, but where many others participate, including Cardinal Anders Arborelius. Admission to the service in the evening is free.



Engaging socially and supporting the poorest and most vulnerable in society is one of the three main objectives of CHARIS. Engaging in this cause is really in line with that and what all Christians should do. Sebastian Stakset is a role model for all of us. That is why he has been awarded the Catholic Church's medal Ora et Labora. The motivation was for efforts for the church in Sweden as well as relief efforts, including with medicine and medical care in Ukraine. The medal was awarded by Cardinal Anders Arborelius in St. Johanneskyrkan, Stockholm on January 5 in connection with the Mass with the Ukrainian Greek Catholic Community in Sweden. At the same time, he received a medal of honor from the Ukrainian Greek Catholic Church awarded by priest Andrii Melnychuk.

We all have a calling to help our fellow human beings and get involved with those who are in need. That does not mean that we should do exactly the same as others. Sebastian Stakset has a special spiritual gift to do what he does. When God calls us into a task, He also gives us the power needed.

If we do things in our own strength, for example because we feel guilty and forced, we will soon be burned out, but if we do what God calls us to do, we also get the power and joy in the midst of the difficult. Ask God to show you in what way He calls you to be of help to your fellow man and work for the common good and that He gives you the power of the Holy Spirit to do so.

"Show me, Lord, your way, and make me willing to walk it."

St. Bridget of Sweden

Come, Holy Spirit!

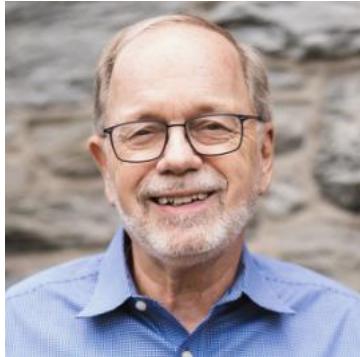


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Neal Lozano's famous book UNBOUND now in Swedish

Through a collaboration between Ulrika Classon, who has been responsible for the translation from English, and Bengt Malmgren, who has been responsible for the publication and layout, we can now present this book, which has so far been translated into 22 languages, in Swedish.



The author is a Catholic, a religious teacher with a master's degree from Villanova University in the United States and has many years of experience in pastoral care. He is the director of the pastoral organization Heart of the Father Ministries. Together with his wife, Janet, he travels the world, helping people embrace the freedom they have in Christ and training leaders to help people. The book describes the method he has developed through his long experience.

Many people probably recognize the problem that despite best efforts and efforts to live a good life, we struggle with vices, and the same sins over and over again and get stuck in a state of desperation when we see no prospect of being free. But Jesus wants to free us and loosen the shackles in our lives. The book presents a safe, effective model of prayer that helps people respond to the gospel and live a true life through the five keys: **(1) Repentance and faith (2) Forgiveness (3) Renunciation (4) Authority (5) Father's blessing.**

The unique thing about this book is the fourth point, authority. As baptized, Christ has given us authority over evil spirits, and they would have no power at all if it were not for the fact that we humans allow ourselves to be influenced by them. Even after a person has accepted Jesus and accepted salvation, he is not always free, but fear, anxiety, guilt, etc. inhibit and control his life. This is where deliverance comes in as a complementary part of pastoral care.

But exercising the authority we have in Jesus has become controversial and brought into disrepute because we have heard about it only as extreme forms of exorcism. In the free churches, many have been burned by speculative exorcisms, and in the Catholic Church there is a mistaken view that laymen are not allowed to engage in this at all, which may be due to the fact that the formal rite of exorcism in case of severe possession may only be performed by a person authorized by the bishop.

But authority over evil spirit forces is much more than that. The truth is that all baptized Christians have been given authority by Jesus Christ over evil. Deliverance ministry is widely practiced by laymen as well as priests all over the world.

So many people suffer from various forms of demonic oppression. It can be the result of involvement in the occult, serious sin, or trauma and wounds that make people vulnerable to spiritual deception. Deliverance ministry helps people to receive healing in Christ and close the entrances to the influences of evil spirits.

The first eight chapters can be read by each one as an aid to self-help. You will receive guidance on how to apply these principles in your own life. The second part of the book describes how to help others by sharing the experiences you have had and praying for them.

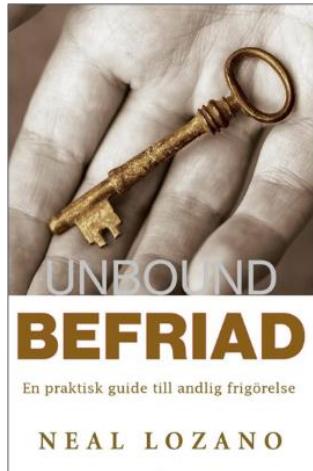
The book is completely in line with Catholic doctrine and has been given the Imprimatur by



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Cardinal Anders Arborelius, Bishop of Stockholm, but is a general Christian book that is aimed for all Christianity, and all parishes can benefit from it as a handbook in their pastoral work.



Some reviews of the book:

"In the Gospel we read again and again that Jesus has come to free us humans from the evil forces. 'Save us from evil,' we pray constantly in the Lord's Prayer. This book wants to help us understand better how Jesus can deliver us deeply, so that we can be more and more transformed by His grace and holiness."

Cardinal Anders Arborelius OCD, bishop of Stockholm

"The book is one of the best I've read. It is written for all christians, and will be of great help in the parish's ministry of pastoral care."

Linda Bergling, founder and pastor of the parish Arken

"You hear a warm and pastoral heart behind the words when you read the book. Lozano stands firm in the Christian tradition's teaching on wounds, sin, bondage and spiritual struggle, but also offers his broad experience. He emphasizes renunciation and repentance, but also the continued work of healing and stabilization of the wounded person."

Torbjörn Freij, pastor, nationell direktör Celebrate Recovery

The book is available both in paper edition and as an e-book. It costs SEK 326 and can be ordered from Books on Demand or from CHARIS Nordic's bookshop where we are currently offering a discounted price. The e-book will soon be available for download from Books on Demand and costs 189 SEK.

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/Bengt Malmgren, coordinator CHARIS Nordic

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